**Possible Self:** The various identities an adol might imagine for him/herself.

* This maybe related to heightened self-consciousness characteristic of early adol.

**Future Orientation:** The extent to which an indiv. Is able and inclined to think about the potential consequences of

Decisions and choices.

**Social Roles and Identity Development**

* Is better understood as a series of interrelated dev.-rather than one single dev. That all involve

Changes in the way we view ourselves in relation to others and in relation to the broader society we live.

**Self- Conceptions:** The collection of traits and attributes that individuals use to describe or characterize themselves.

* Realize they can be described differently by different people.
* Organize and integrate different aspects of self-concept into a more logical, coherent whole.
* Can distinguish between actual self, ideal self, and feared self. Must be a balance between ideal and feared self.

**False-self behavior:** Acting in a way that one knows is inauthentic- occurs less often with parents than with dates, but more

Often with parents than with close friends.

* Adol. who report less emotional support from parents and peers, those who have low self-esteem, and those who

Relatively more depressed and hopeless than their peers are more likely to engage false behavior.

**Five-Factor model:** Based on the observation that there are 5 critical personality dimensions,

1. Extraversion: How outgoing and energetic one is
2. Agreeableness: How kind or sympathetic
3. Conscientiousness: How responsible or organized
4. Neuroticism: How anxious or tense
5. Openness: How curious and imaginative.

* Both genetic and environmental influences on individual differences in personality.
* Temperament stabilizes as we grow older

**Self Esteem:** The degree to which indiv. Feel positively or negatively about themselves.

* Changes in self-perseptions are greater during early adol. than during middle or late adol; from middle adol. thru

Young adulthood, self-esteem either remains the same level or increases.

**Self-Consciousness**: The degree to which an individual is preoccupied with his or her self-image

**Self-image stability:** The degree to which an individual feels that his or her self-image changes from day to day.

* Flacuations in adol self-image are most likely to occur between the ages of 12-14. Compared with older adol. (15+)

Pre adol= 8-11

**Sense of Identity:** The extent to which indiv. Feel secure about who they are and who they are becoming.

**Identity vs. Identity Diffusion**: According to Erickson, the normative crisis characteristics of the 5th stage of psychosocial

Dev. Predominant during adol.

* From all possible and imaginable relations, young ppl must make a serious of ever narrowing selections of personal,

occupational, sexual and ideological commitments.

* It is not until adol that one has the mental or emotional capacity to tackle this task. The key to resolving the crisis

of identity vs. identity diffusion lies in the adol. Interactions with others.

* Through other’s reactions, adol learn whether they are competent or clumsy, attractive or ugly or socially adept or tactless.
* Developing an identity is a social is a social as well as mental process. Role of society and especially on those indiv. who have

Influenced over the adol in shaping the adol sense of self.

**Psychosocial Moratorium**: A period during which indiv are free from excessive obligations and responsibilities and can therefore experiment

With different roles and personalities.

* Must grow into identity not pushed.
* **Identity diffusion**: The incoherent, disjointed, incomplete sense of self characteristic of not having resolved the crisis of identity.
* **Identity Foreclosure:** The premature establishment of a sense of identity, before sufficient role experimentation had occurred.
* **Negative Identity:** The selection of an identity that is obviously undesirable in the eyes of significant others and the broader community
* **Agency:** The sense that one has an impact on one’s world. Take responsibility for one self and have confidence.
* **Androgyny:** The combination of both highly masculine and feminine traits
* **Gender Intensification Hypothesis:** The idea that pressures to behave in sex appropriate ways intensify during adol

Whereas firstborn boys with bros and parents with traditional attitudes about gender become more traditional in their own

attitudes over time second born girls with bros and less traditional parents did not.