**Intimacy**: With adol does not have a sexual or physical connotation, rather, an intimate relationship is emotional attachment

btwn 2 ppl is characterized by concern for ea. Other’s well-being. Surfaces @ preadol.

**Sullivan’s Theory (Biological):**

* Infancy: 0 to 2-3yrs Need: contact w/ppl tenderness from mother.
* Early Childhood: 2-3 to 6-7yrs. Need: adult participation in child’s play
* Middle ^: 6-7 to 8-10 yrs. Need: peer playmates, acceptance into peer society groups
* Preadol. 8-10 to 12-14yrs. Need: intimacy& consensual validation in same sex relationship
* Early adol. 12-14 to 17-18. Need: sexual contact, intimacy w/ other sex partner.
* Late adol. 17-18 to adult. Need: integration into adult society.

**Sullivan’s Three Periods:**

* ***Preadol.:*** children begin to focus their attn on relationships w/ a few close friends generally of the same sex. Intimacy is

satisfied w/ these relationships.

* ***Early Adol:***  Is marked by the emergence of sexuality, in the form of powerful biological based sex drive. Crucial is the

transition from non-romantic to romantic relationships.

**Late Adol.**

**Platonic Relationships:** Nonsexual relationships w/individuals who might otherwise be romantic partners.

**Attachment:** The strong affection bond that develops btwn an infant/ caregiver.

**Secure:** a healthy attachment between infant and caregiver, characterized by trust.

**Anxious-avoidant**: An insecure attachment btwn infant and caregiver, characterized by indifference on the part of the

infant towards the caregiver.

**Anxious Resistant:** An insecure attachment btwn infant and caregiver, characterized by distress at separation and anger at reunion.

**Jealousy**: Btwn ages 13-15 (middle adol) partially among girls: concerns about loyalty and anxieties over rejection become more

pronounced and may temporarily overshadow concerns about self-disclosure.

* Girls who have a low self-esteem and are high in rejection sensitivity are especially likely to become jealous of their

friends relationship with other girls.

**Co-rumination:** Excessive talking with another about problems: Girls: Double edge sword. Boys: Good, doesn’t increase depression

New targets of intimacy do not replace old ones rather than new targets are added to old ones.

**Social Support:** The extent to which an individual receives emotional or instrumental assistance from his or her social network.

**Sex Cleavage:** In adol friendships result more from adol preferring members of the same sex than from their actually disliking

members of the other sex. Although boys express more positive feelings about their female classmates than vice versa.

Transitional Period Usually coninsides with the peer groups shift from same sex cliques to mixed sex crowds.

**Romantic Relationships <3**

* One fourth of 12 yr olds
* Half of 15 yr olds
* Two thirds of 18 yr olds
* The avg American adol begins dating around age 13-14. Although nearly half of all adol have at least one date

BEFORE they are 12.

* By age 16, more than 90 percent of adol of both sexes have had one date and more than half average one or more dates weekly.
* GIRLS: Tend to become involved with boys who are slightly older, and involve love, emotional involvement and intimacy.
* BOYS: Girls who are same age/ slightly younger.

Although early matures begin dating somewhat earlier than late matures Age norms w/in the adol school and peer group and more important

in determining the age at which dating begins than the adol level of physical dev.

* Sexual activity, however, is more of a biological dev.
* Dating also begins earlier among adol who have older siblings, parents who do not monitor them well and if they have single mothers.

**Phases of Romance:**

1. 11-13 yrs adol first discover interest in socializing with potential romantic and sexual partners. The focus activity during this phase is

primarily on learning about themselves. Actual romantic relationships last only a few weeks.

1. 14-16 adol slowly move toward more meaningful dyadic relationships. During this period dating is very casual and often includes

a group context in which peer networks start to include couples who have a special relationship. More enduring at this age, however

relationships only last about 6 months.

1. Finally, during last few years of high school 17-18 yrs concerns about commitment begin to move in the forefront as adol as they think

about the long term survival and growth of their romantic attachments. Intimacy draws them together, Autonomy which distances them.

Relationships lasts about one year.