Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_ Period\_\_\_\_\_\_\_\_\_\_\_\_\_

**Family Unit Exam: Essay Portion (Grades 7-8)**

***Directions:*** Answer the following questions in paragraph form (3-4 sentences). Make sure to use complete sentences. Each question is worth 3 points.

1. What are some effective ways in which serious family problems can be handled? Support each of your answers with facts and reasons.
2. How does codependency influence an alcoholic and his or her family?
3. How has mobility affected the family’s traditional support systems? What alternatives might help a family solve this problem?
4. How have current social trends affect families?
5. What is the importance of strong families to society?

Key to Essay Portion.

1. Families can ask for outside help such as telephone hotlines, seeking family counseling, or participating in support groups.
2. When one family member is an alcoholic, other family members may demonstrate codependent behavior, such as overcompensating for the alcoholic family. They might compensate for the family members acts of aggressive behavior or anger. They may also avoid upsetting the family member or avoiding the problem all together.
3. The mobile society has caused families to move away from family members to move away from members of their extended families. As alternatives, families might turn to neighbors, friends, and community resources as part of their support systems.
4. Some of the social trends that have affected families include the declining birthrate, the increase of women in the work place, the increasing life span, increased mobility, and divorce.
5. Family experience strongly influences what a person does or becomes. Children who are well cared for physically, supported emotionally, and taught positive social skills and values make society better.

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_ Period: \_\_\_\_\_\_\_\_\_\_\_\_

**Family Unit Exam: Short Answer Portion (Grades 7-8)**

***Directions:*** Answer the following questions using complete sentences.

1. Identify two management strategies that might be particularly helpful to a person who is trying to balance family roles.
2. List two ways that a new addition to the family can be a difficult change for family members.
3. What tips might you give to a friend who is moving?
4. List a few benefits of having friends outside your peer group.
5. Identify ways friendships may change over time.

Key to Short Answer portion:

1. Management strategies include setting priorities; allowing for variations, being realistic, seeking and giving cooperation, planning together how time will be spent, and learning to manage stress.
2. It can be difficult for other kids to adjust to the change, it could mean that more responsibilities are created.
3. Can include: Have a positive attitude, learn as much as possible about the new neighborhood, seek out other people and get involved with community.
4. You can meet new people and you can find ways to receive help if needed.
5. Older and younger friends can bring new perspectives and offer opportunities to teach and learn new things.

**Objectives for BOTH:**

Explain the importance of strong families to society. (#5, essay)

Assess the impact of current social trends on family life. (#4, essay)

Formulate stratagies for balancing family life with other responsibilities. (#1 short answer)

Define and develop a family support system. (#3, essay)

Describe the changes that occur in families (#2, 3 short answer)

Identify sources of help for family problems (#1 essay)

Describe these serious problems that families face and demonstrate appropriate responses to them. (#2 essay)

Compare and Contrast peer group friendships with cliques. (#4, short answer)

Explain the value in having friends of different ages. (#5, short answer)